

SA L ADS NEW Beef Brisket Poutine 11 GF | VEG NEW Spring Millet Salad Tender pulled beef brisket topped with fried shallots drizzled with balsamic reduction all on top of our Traditional Poutine. Millet salad mixed with chickpeas, roasted cherry tomatoes, snow peas, mushrooms and perfectly seasoned with white Beef Brisket Flatbread 8 wine vinaigrette and parsley. GF | VEG NEW This juicy, tender brisket is slowly marinated in our very own balsamic 8.5 Citrus Kale Salad and brown sugar sauce and served on a fresh, grilled flatbread and topped with melted Fontina cheese. Kale, brusell sprouts, green cabbage, orange segments, poppy seeds and sunflower seeds mixed with orange honey vinaigrette. GF | VEG 3.5 / 5Seasoned Crispy Fries VEG NEW 8.5 A generous portion of fresh, thick-cut potatoes cut in house and Pearl Barley Salad seasoned to taste. Barley mixed with roasted pink radishes, kale, re-hydrated currants and currant honey vinaigrette. Daily Soup 4/5Pesto Potato Salad GF|VEG NEW Our daily soups start with fresh, hand-cut veggies and finished with our homemade broth. Ask for today's special! In-house roasted red potatoes lightly covered with chickpea & kale pesto tossed with pickled lentils and green beans. SANDWICH Grilled Veggie Sandwich VEG NEW 10.5 Combination Salad Seasonal grilled veggies, goat cheese and a balsamic reduction Choose from any number of salads to create your favourite on savory rosemary panini bread. combination! Soup and Salad Combo 7.5 12 Pork Belly Sandwich Get the best of both worlds with this side salad and soup combo. Our new tender pork belly paired with carrot slaw and shredded Iceberg lettuce with fresh tender pizza bread covered in roasted Garlic aioli Add Beef Brisket +5.511 Pear & Brie Chicken Sandwich Add Basil Roasted Chicken Breast +5.5 Tender, juicy basil roasted chicken breast, pear chutney, rich melted Add Duck Confi t +8brie and arugula in a rosemary ciabatta bun. Add Schnitzel +512.5 "Comfy" Duck Sandwich +5.5 Add Oven Roasted Pork Belly Our signature, one-of-a-kind delectable sandwich is crafted with tender and juicy duck confit covered in our home-made cranberry mayo, MAINS & SNACKS arugula, and topped with a sunny side up egg. Oven Baked Quiche VEG 11 Buna's Schnitzel Sandwich Daily quiche baked in our hand-made pastry. On-the-spot fried and breaded our this country-style pork schnitzel sandwich is layered with European style cabbage slaw and honey Traditional Poutine GF Dijon mayo on ciabatta bread. 8.5 Fresh and thick these hand cut fries are covered by melted cheese curds and smothered in our in-house beef gravy. SWEETS & DRINKS "Comfy" Duck Poutine 11.5 Tea 2 Take our Traditional Poutine and add some savory, slow cooked duck confit topped with a sunny side up egg. Fair trade organic and locally blended teas. 2 Coffee Pork Belly Poutine 11 Our new specially roasted pork belly on top of our famous poutine A large cup of fair trade organic Balzac coffee. with real cheese curds, in house gravy and thick cut fries. 2 Natural Pop, Orange/Apple Juice Bottled Water Vegetarian Cassoulet^{VEG} 10.5

Desserts

Warm vegetable stew (green & yellow zucchinis, carrots, celery, leeks) with navy beans, lentils and chopped Kalamata olives. Served on hand

crafted spaetzle.

Bottle of hand-crafted soda with natural ingredients

Daily desserts that change everyday.